



More food = healthier people!

More walkers = more food!



Cross Missouri CROP Hunger Walk 2026 Itinerary

Walking 310 Miles - St Louis to Kansas City

September 27 - October 11

The Cross Missouri CROP Hunger Walk is open to all CROP Walkers. The event will start at the St. Louis CROP Hunger Walk on September 27 and complete at the Kansas City CROP Hunger Walk October 11. The route is primarily the Katy Trail and Rock Island Spur covering 310 miles. Walkers can join for any portion or the whole event. The goal is for each walker to raise contributions for their home community's CROP Hunger Walk. There is no fee, no SAG support, and overnight lodging is churches.

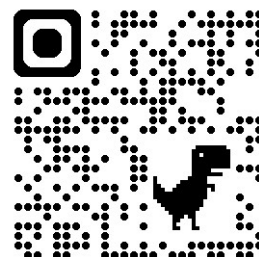
Contact: Don Harter

Email: harterd@missouri.edu

Phone: 573-445-3258

Follow the QR code to our SignUp Genius to sign-up to walk a segment, get more information, or see who you can support with a donation.

<https://www.signupgenius.com/go/10C0D4BA5AB2CA5FEC52-50066014-cross#/>



Sun. Sept. 27 1:30 pm St. Louis CROP Hunger Walk at Eden Seminary.

After the St. Louis CROP Hunger Walk, walk to Manchester Community Christian Church (overnight host) – 11 miles

Mon. Sept. 28 0600 am Manchester to Defiance – 24 miles

Water/restrooms/food available till crossing the I-64 bridge at Chesterfield

Overnight host: St. Paul's UCC, Defiance

Tue. Sept. 29 0700 am Defiance to Marthasville – 19 miles

Augusta 7 miles; food/water/restrooms

Dutzow 8 miles; food/water/restrooms

Marthasville 4 miles; food/water/restroom/shower

Overnight host: St. Paul's UCC, Marthasville

Wed. Sept. 30 0600 am Marthasville to Rhineland – 27 miles

Treloar 7 miles; restrooms/water

McKittrick 16 miles; water/restrooms/grocery; will buy supper and take to Rhineland

Rhineland 4 miles; water/restrooms

Overnight host: Church of the Risen Savior

Thu. Oct. 1 0600 am Rhineland to Tebbetts – 26 miles

Portland 11 miles; food/water/restrooms

Mokane 9 miles; water/restrooms

Tebbetts 6 miles; food/water/restroom/shower

Overnight: Turner Hostel. Meal by Collins Family

Fri. Oct. 2 0700 am Tebbetts to Hartsburg – 22 miles *Note:* No food along route

North Jefferson Trailhead 12 miles; water/restrooms

Hartsburg 10 miles; food/water/restroom/shower

Overnight host: Peace UCC

Sat. Oct. 3 0600 am Hartsburg to Rocheport – 25 miles

Coopers Landing 11 miles; food/water/restrooms

McBaine 5 miles; water/pit privy

Rocheport 9 miles; food/water/restrooms

Overnight host: Rocheport Christian Church

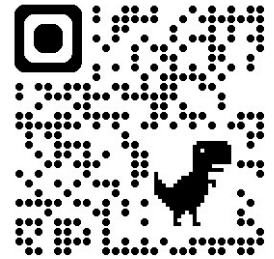
Sun. Oct. 4 0500 am Rocheport to Pilot Grove – 25 miles

New Franklin 10 miles; water/restrooms

Boonville 3 miles; food/water/restrooms

Pilot Grove 12 miles; food/water/restrooms

Overnight host: St. Joseph Catholic Church

**Mon. Oct. 5** 0530 am Pilot Grove to Sedalia – 27 miles

Clifton City 12 miles; water/pit privy

Sedalia 15 miles; food/water/restroom/shower

Overnight host: Sedalia First Christian

Tue. Oct. 6 0800 am Sedalia to Windsor – 19 miles

Green Ridge 10 miles; food/water/restrooms at Caseys

Windsor 9 miles; food/water/restrooms

Overnight host: Windsor First Christian

Wed. Oct. 7 0800 am Windsor to Chilhowee – 19 miles

Leeton 10 miles; food/water/restrooms

Chilhowee 9 miles; food/water/restrooms

Overnight host: Chilhowee Baptist Church

Thur. Oct. 8 0530 am Chilhowee to Pleasant Hill – 27 miles *Note:* No food along route

Medford 10 miles; water/restrooms

Pleasant Hill 17 miles; food/water/restrooms

Overnight host: Pleasant Hill First Christian

Fri. Oct. 9 0800 am Pleasant Hill to Lees Summit - 15 miles

After 5 miles, food/water/restrooms along route

Overnight host: Longview Baptist Church

Sat. Oct 10 0800 am Lees Summit to Country Club Christian Church - 15 miles

Food/water/restrooms along route

Overnight host: Country Club Christian Church

Sun. Oct. 11 1:30 pm Heart of America CROP Hunger Walk at Country Club Christian Church